



INTERMEDIATE COACHING GENERAL PRINCIPLES COURSE

Brisbane – Fri 26th, Sat 27th and Sun 28th February 2010

The Intermediate Coaching General Principles are a series of educational modules for coaches who want to improve their skills and knowledge. From 2008, the Intermediate Coaching General Principles program replaces the former Level 2 Coaching General Principles.

The Intermediate Coaching General Principles Course complements the sport-specific component provided by your national sporting organisation and is a progressive coach education program of the National Coaching Accreditation Scheme (NCAS).

The program is aimed at coaches who have moved beyond the beginner level, and are looking to improve the performance of the athletes they coach. They are typically coaching at club or regional level.

Pre-requisites: Coaches must have their level one or equivalent accreditation.

Course Content

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|----------------------------|-----------------------------------|
| 1. The essence of coaching | 8. Introduction to physiology |
| 2. Program management | 9. Basic anatomy and biomechanics |
| 3. Planning | 10. Development and maturation |
| 4. Sport safety | 11. Nutrition for sport |
| 5. Coaching processes | 12. Sport psychology |
| 6. Inclusive coaching | 13. Anti-doping in sport |
| 7. Skill acquisition | |

Course Details

Date: Friday 26th 4.30pm - 8.30pm, Saturday 27th 9am-4pm, Sunday 28th 9am – 4pm.
Venue: Sports House South, 866 Mains Rd, Woolloongabba
Cost: \$300 (inc.GST) per person

How to Enrol

Online: Online registrations and credit card payments can be made at www.sealglobal.net.
By fax: Please complete the attached registration form and return it to Sports Education and Learning by fax at 02 6259 3300. An invoice for payment will then be sent.
By mail: Complete attached registration form, include either a cheque or money order, and send to: Sports Education and Learning, PO Box 3013 Newmarket QLD 4051

For more information

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Registration Information

NAME		DATE OF BIRTH	
POSTAL ADDRESS			
		POSTCODE:	
PHONE		MOBILE	
EMAIL		FAX	
WHAT SPORT ARE YOU INVOLVED WITH?		CURRENT ACCREDITATION LEVEL?	

Payment Details

Please tick payment type:

- Cheque (payable to Sports Education and Learning)
- Money Order (payable to Sports Education and Learning)
- Online registrations and credit card payments can be made at www.sealglobal.net

Total Amount Enclosed \$ _____

I hereby enrol in the Intermediate Coaching General Principles Course with Sports Education and Learning and have enclosed the course fee of \$300.00. I understand the requirements of this course and adhere to Sports Education and Learning's policy of no reimbursement for cancellations. I understand that my registration is however fully transferable to another party.

Signature: _____ Date: _____

Please send your completed registration form and cheque /money order to:

Sports Education and Learning
 PO Box 3013
 Newmarket QLD 4051
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