

## NETBALL CLINIC NOMINEE

PLEASE PRINT

FIRST NAME

LAST NAME

ADDRESS

SUBURB

POSTCODE

AGE (TURNING IN 2009)

BIRTH DATE

CONTACT PHONE NUMBER

E-MAIL

SPECIALIST AREA:

Shooting  Centre Court  Defence

### FEES & CLINIC SELECTION

1 PRNA Rep Player Clinic Fee (Saturday - Clinic 1) \$65:00

1 PRNA Club Member Player (Sunday - Clinic 2 & 3) \$50.00

1 non-PRNA Player \$75/Saturday or \$60/Sunday Clinics

Clinic 1  Clinic 2  Clinic 3

### PAYMENT METHOD

CHEQUE OR MONEY ORDER ENCLOSED

### MEDICAL RELEASE

I hereby authorise the obtaining on my behalf of any medical assistance required by my daughter, during my absence, in the event of any accident or illness and guarantee to meet any costs incurred. I acknowledge that as a registered player with we have paid for personal accident insurance under Netball Queensland's scheme.

SIGNATURE

DATE

MAIL COMPLETED REGISTRATION FORM TO:

PO BOX 332 STRATHPINE QLD 4500

PROUDLY SUPPORTED BY:



Gambling  
Community Benefit Fund  
Queensland Government



[www.pineriversnetball.org.au](http://www.pineriversnetball.org.au)

phone 3425 3022 fax 3425 3024

Les Hughes Sports Complex

Cnr Francis road & Baker Street LAWNTON

NETBALL  SKILLS  
CLINIC  
for Players & Coaches



PINE RIVERS NETBALL

ANNE

21 & 22 FEBRUARY

SARGEANT

2009

CLINIC



# Skill Development Clinics for Players & Coaches

21 & 22 February 2009



## COST

**Saturday:** \$65/player for PRNA members or \$75 for non-members. This clinic is designed for Representative level players (12 - 19 yrs).

**Sunday:** \$50/player for PRNA members or \$60 for non-members. These clinics are designed for players of all ability levels (7 yrs - 17 yrs).

## LOCATION

All clinics will be held at the PRNA courts- Les Hughes Sports Complex, Corner of Francis Road & Baker Street LAWNTON.

## WHO CAN ATTEND

**Saturday Clinic:** Any player who is trialling for PRNA 2009 Representative teams.

**Sunday Clinics:** Any player registered with a PRNA Affiliated Club, beginner to advanced level.

Should spaces be available all clinics will be opened to players outside of PRNA's membership.

## WHAT TO BRING

Plenty of water, hat, sunscreen! All clinics are very practical and active so ensure you are dressed in appropriate training clothes including good shoes!

## COACHING & SUPERVISION

Anne Sargeant will lead all clinics and be supported by PRNA's Representative Coaching team.

The purpose of these clinics is to also provide professional development to coaches, club and representative level. With this in mind coaches are welcomed to be actively involved by registering their interest. No fee will apply for PRNA Coaches.

## MEALS

**Saturday:** Fee includes Recovery snacks for Morning & Afternoon breaks along with lunch.

**Sunday:** Recovery snacks will be available for each clinic and are included in the fee.

## CLINIC TIMES

### Saturday:

Representative Player (**Clinic 1**)  
8:00am Registration & Coaches Briefing  
9:00am - 5:30pm Clinic activities

### Sunday:

7 - 11 years Boys & Girls (**Clinic 2**)  
8:00am Registration & Coaches Briefing  
9:00am - 12:30pm Clinic activities

12 - 17 years Boys & Girls (**Clinic 3**)

1:00pm Registration & Coaches Briefing  
1:30pm - 5:00pm Clinic activities

## REGISTRATION

Complete and return the Clinic registration form, along with payment, to Pine Rivers Netball. **Closing date: 16th February 2009.**

Clinic Fees includes:-

- Active Participation in clinic sessions
- Anne Sargeant T-shirt
- Meals as described



REPRESENTATIVE PLAYERS 12-19 YEARS: Saturday Clinic

# SKILLS AND DRILLS

CLUB PLAYERS 7 - 17 YEARS: Sunday Clinics

# SHOOT AND SCORE

## COACHING STAFF

The clinics will be led by one of Australia's 'greatest ever Netballers', Anne Sargeant. Former Australian Netball Captain, representing Australia for 11 years, playing in three World Championships and the first inductee admitted into the Australian Netball Hall of Fame. With over 20 years of experience also in coaching Anne will provide a not to be missed experience for players of all ages and ability levels.

NEED MORE INFORMATION:

CALL 3425 3022

OR VISIT [www.pineriversnetball.org.au](http://www.pineriversnetball.org.au)

